

SACRED HEART SR. SEC. SCHOOL

Bhai Randhir Singh Nagar, Ludhiana

Syllabus for Class-VIII

Session 2025-2026

FOREWORD

Sacred Heart Sr. Sec. School firmly believes in the divine light of knowledge. We strive sincerely to follow the path of "Learn and Enlighten" which is the maxim of our school. We are offering an Informative syllabus for the upcoming academic year-a guide that marks the beginning of a journey filled with learning, wonder, and growth. This document is not just a list of subjects and rules; it is an invitation to explore new ideas, nurture your talents, and discover the joy of knowledge.

Our curriculum has been thoughtfully designed to balance strong academic foundation with opportunities for creative exploration. Like a garden ready to bloom, each lesson is a seed planted with care, destined to help every student flourish in his/her unique way. Our dedicated educators have worked passionately to create an environment where curiosity is celebrated and learning becomes an adventure.

In these pages, you will find a blend of tradition and innovative ideas that aim to inspire both the head and the heart. We hope that this syllabus will guide you, spark your imagination, and remind you that every day brings a chance to grow and learn something new.

Thank you for being a part of this exciting journey. Together, let us welcome the new academic year with enthusiasm and a shared commitment to discover the endless possibilities that education brings.

ENGLISH

Prescribed Books:-

1. Collins English Expert Coursebook 8
2. Collins English Expert Language Companion 8
3. Enhanced Collins English Grammar and Composition 8

Note: - *Internal Assessment Activities will be conducted in TERM-1 and TERM-2 separately.

*** Dictation will be a part of Internal Assessment Activity**

TERM-1

April

Collins English Expert Coursebook :	Ch 1- Tales of Historic Delhi
Collins English Expert Companion:	Ch 2- Entertainment
Enhanced Collins English Grammar and Composition:	Unit-1 City Tales
	Unit-2 Overcoming Challenges
	L-1 Nouns
	L-2 Pronouns
	L-3 Adjectives
	L-10 The Present Tense
Reading:	L-28 The Coral Island
	L-29 Care Amidst Corona
Writing:	*Emails , *Formal Letters

May

Collins English Expert Language Companion:	Ch- 3 The Letter
	Ch- 4 Frosty
	Ch- 5 The Shopping List Mystery
Enhanced Collins English	L-11 The Past Tense

Grammar and Composition:	L-12 The Future Tense
	L- 16 Direct and Indirect Speech
Reading:	L-30 The Three Photographs
	L-31 You Are Old, Father William
Writing:	*Descriptive Paragraph (Person)

Practice of Listening Skills

Subject Enrichment Activity (Listening Skill)

May Periodic Test-1

June

Multiple Assessment Activity

	July
Collins English Expert Coursebook:	L-6 Portrait of an Artist: Vincent Van Gogh
	L-7 The Kitemaker
	L-8 Value
Collins English Expert Language Companion:	Unit- 4 Memories
Enhanced Collins English Grammar and Composition:	L-4 Determiners
	L-5 Articles
	L-6 Verbs
	L-7 Agreement of Subject and Verb
Reading:	L-32 My Experiments With Truth
	L-33 Rusty Makes New Friends
Writing:	Article Writing

August

Collins English Expert	L-9 A Matter of Time
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Coursebook:	L- 10 Macavity: The Mystery Cat
Collins English Expert	
Language Companion:	Unit-5 Crime and Punishment
Enhanced Collins English	
Grammar and Composition:	L-9 Modals
	L- 13 Adverbs
Reading:	Revision (General)
Writing:	*Diary Entry
Portfolio Activity	(Dictation Test)

September

Revision & Half Yearly Examination

TERM-II

October

Collins English Expert	Ch 11- Yashoda's Story
Coursebook:	Ch 14- Blackboys Play the Classics
Collins English Expert	Unit-6 Gender
Language Companion:	
Enhanced Collins English	L-14 Prepositions
Grammar and Composition:	L-15 Conjunctions
	L-8 Non-Finite Verbs
	L- 17 Active and Passive Voice
Reading:	L- 34 Rikki Tikki Tavi
	L-35 Kamala
Writing:	*Dialogue Writing,
	*Descriptive Paragraph (Place)

Practice of Speaking Skill

Subject Enrichment Activity	(Speaking Skill)
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	November
Collins English Expert	Ch- 12 Trailblazers of Cricket
Coursebook:	Ch- 16 The Ghost
Collins English Expert	Unit-7 Young Ambitions
Language Companion:	
Enhanced Collins English	L-18 Phrases and Clauses
Grammar and Composition:	L-20 Sentences
	L-22 Transformation of Sentences
	L-26 Idioms and Phrasal Verbs
Reading:	L-36 The Two Brothers
	L-37 The Sorting Hat Spider
Writing:	*Informal Letters,
	*Speech Writing

Multiple Assessment Activity

Portfolio Activity	(Dictation Test)
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December

Collins English Expert	Ch- 13 New Beginnings
Coursebook:	Ch- 17 The Stamp Album
Collins English Expert	Unit-8 Creatures of the Night
Language Companion:	
Enhanced Collins English	L-24 Punctuation
Grammar and Composition:	L-25 Grammar on the Go
Reading:	L-38 I am Sick!
Writing:	*Story Writing

December Periodic Test-2

January

Collins English Expert Coursebook:	Ch- 15 The Centerville Ghost Ch- 18 Friends, Romans and Countrymen
Collins English Expert Language Companion:	Unit-9 Friendship
Enhanced Collins English Grammar and Composition:	L-27 Words: A Mixed Bag
Reading:	L-39 The Merchant of Venice
Writing:	Revision of previous topics

February & March

Revision and Yearly Examination

HINDI

प्रस्तावित पुस्तकें	1. वसंत भाग-3 2. मधुर हिंदी व्याकरण भाग-8
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TERM- I

अप्रैल

पाठ	लाख की चूड़ियाँ
कविता	दीवानों की हस्ती
व्याकरण	भाषा और व्याकरण, पर्यायवाची (Pg 34)(1-20), विलोम (Pg 38) (अंकुश-शोक), वर्ण विचार, अनेक शब्दों के लिए एक शब्द (Pg 49) (1-30), लिंग (Pg 87) (लड़का-चील), निजी पत्र।

मई

पाठ	बस की यात्रा
व्याकरण	संधि (दीर्घ, गुण), (Pg 20), मुहावरे (1-25)(Pg 184), समास (तत्पुरुष, द्वंद्व) संज्ञा (भाववाचक संज्ञा), कारक, अनुच्छेद।

PERIODIC TEST I

SUBJECT ENRICHMENT ACTIVITY

जून	ग्रीष्मावकाश (MULTIPLE ASSESSMENT ART INTEGRATED ACTIVITY)
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जुलाई

पाठ	क्या निराश हुआ जाए
कविता	भगवान के डाकिए
व्याकरण	संधि (वृद्धि) (pg 21) शब्द विचार, विशेषण (pg 112), विशेषण शब्द बनाना, विशेषण की अवस्थाएँ (pg 117), वाक्य के अंग, विज्ञापन, शिकायती पत्र।

	अगस्त
पाठ	जहाँ पहिया है
कविता	यह सबसे कठिन समय नहीं
व्याकरण	वाच्य परिवर्तन (pg 174), विराम चिह्न (pg 179), अलंकार (अनुप्रास, श्लेष, यमक), भिन्नार्थक शब्द (1–15), सूचना लेखन, अपठित गद्यांश । *PORTFOLIO (DICTATION TEST)*

सितंबर

REVISION & TERM I EXAMINATION.

TERM II

अक्तूबर

पाठ	पाठ— अकबरी लोटा
कविता	कबीर की साखियाँ
व्याकरण	क्रिया, क्रिया विशेषण, समास (द्विगु, द्वंद्व, कर्मधारय) उपसर्ग (pg 57) (अति—कु), प्रत्यय (pg 63) (वाला—अक), संवाद । *SUBJECT ENRICHMENT ACTIVITY*

नवंबर

पाठ	पाठ— पानी की कहानी
कविता	सुदामा चरित
व्याकरण	सर्वनाम (pg 104), काल (pg 132), समुच्चयबोधक (pg 145), विस्मयादिबोधक (pg 149) वाक्य शुद्धि, ई—मेल, संपादकीय पत्र । (MULTIPLE ASSESSMENT ACTIVITY)

जनवरी

पाठ	बाज और साँप
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व्याकरण	संधि (pg 21) (यण, अयादि), लोकोक्तियाँ (pg 186) (1–20), अलंकार (उपमा, अतिशयोक्ति, रूपक), अनेकार्थक शब्द (1–15), प्रार्थना पत्र, अनुच्छेद ।
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PORTFOLIO (DICTATION TEST)

REVISION TEST

फरवरी / मार्च

• TERM II EXAMINATION*

NOTE: *DICTATION WILL BE PART OF INTERNAL ASSESSMENT*

INTERNAL ASSESSMENT ACTIVITIES WILL BE CONDUCTED IN TERM -I AND TERM -2 SEPARATELY

PUNJABI

ਨਿਰਧਾਰਿਤ ਪਾਠ-ਪੁਸਤਕਾਂ :-

1. ਰਬਾਬ ਪੰਜਾਬੀ ਪਾਠ-ਪੁਸਤਕ - 8
2. ਰਬਾਬ ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ ਰਚਨਾਵਲੀ - 8

ਅਪ੍ਰੈਲ

ਪਾਠ-ਪੁਸਤਕ	1. ਸ਼ੇਖ ਫਰੀਦ ਜੀ (ਸਲੋਕ) 2. ਪਹਿਲਾ ਸਬਕ 3. ਸਾਰਾਗੜ੍ਹੀ ਦੀ ਲੜਾਈ
ਵਿਆਕਰਨ ਪਾਠ	ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ
ਵਿਆਕਰਨ	ਅਗੇਤਰ (ਉਪ-ਆਤਮ), ਪਿਛੇਤਰ (ਉ-ਹੀਣ), ਸ਼ੁੱਧ-ਅਸ਼ੁੱਧ (ਇਹਨਾਂ-ਨਹਿਰ)
ਲੇਖ	ਵਿਸਾਖੀ
ਪੱਤਰ	ਬਰਸਾਤ ਦੇ ਮੌਸਮ ਵਿੱਚ ਤੁਹਾਡੇ ਮੁਹੱਲੇ ਅਤੇ ਇਸ ਦੇ ਆਲੇ-ਦੁਆਲੇ ਫੈਲੀ ਗੰਦਗੀ ਕਾਰਨ ਮਲੇਰੀਆ ਅਤੇ ਹੋਰ ਬਿਮਾਰੀਆਂ ਫੈਲਣ ਦਾ ਡਰ ਹੈ। ਨਗਰ-ਪਾਲਕਾ ਦੇ ਪ੍ਰਧਾਨ ਨੂੰ ਇਸ ਦੀ ਰੋਕਥਾਮ ਲਈ ਬਿਨੈ-ਪੱਤਰ ਲਿਖੋ।

ਮਈ

ਪਾਠ-ਪੁਸਤਕ	4. ਧੀਆਂ-ਪੁੱਤਰਾਂ ਵਰਗੇ ਰੁੱਖ (ਕਵਿਤਾ) 5. ਚਾਚੇ ਚੂਹਾ ਮਾਰਿਆ
ਵਿਆਕਰਨ	ਬਹੁ-ਅਰਥਕ ਸ਼ਬਦ(1-15), ਮੁਹਾਵਰੇ(1-25) (ਅਰਥ + ਵਾਕ), ਅਖਾਣ(1-15) ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ, ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ, ਤਸਵੀਰ ਵਰਣਨ
ਲੇਖ	ਮਹਾਰਾਜਾ ਰਣਜੀਤ ਸਿੰਘ
ਪੱਤਰ	ਆਪਣੇ ਮੁਹੱਲੇ ਦੇ ਡਾਕੀਏ ਦੀ ਲਾਪਰਵਾਹੀ ਸੰਬੰਧੀ ਆਪਣੇ ਸ਼ਹਿਰ ਦੇ ਮੁੱਖ ਡਾਕ-ਘਰ ਦੇ ਪੋਸਟ ਮਾਸਟਰ ਸਾਹਿਬ ਨੂੰ ਪੱਤਰ ਲਿਖੋ।

• Subject Enrichment Activity

• Periodic Test - I

ਜੂਨ :- ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ

• Multiple Assessment Activity

ਜੁਲਾਈ

ਪਾਠ-ਪੁਸਤਕ	6. ਸਾਈਕਲ ਦੀ ਕਹਾਣੀ 7. ਕਿੱਥੇ ਮਾਤਾ ਤੋਰਿਆ (ਕਵਿਤਾ)
ਵਿਆਕਰਨ	ਅਗੇਤਰ (ਸਹਿ-ਦੁਰ), ਪਿਛੇਤਰ(ਕਾਰ-ਤੀ), ਤਸਵੀਰ ਵਰਣਨ
	ਅਗਸਤ
ਪਾਠ-ਪੁਸਤਕ	8. ਮੁੜਦੇ ਹੋਏ ਕਦਮ 9. ਪੰਜਾਬ ਦੀ ਲੋਕ-ਗਾਇਕਾ : ਸੁਰਿੰਦਰ ਕੌਰ
ਵਿਆਕਰਨ ਪਾਠ	ਕਾਰਕ
ਵਿਆਕਰਨ	ਬਹੁ-ਅਰਥਕ ਸ਼ਬਦ(16-30), ਮੁਹਾਵਰੇ(26-53)(ਅਰਥ + ਵਾਕ), ਅਖਾਣ(16-30)
ਲੇਖ	ਚੰਦਰਯਾਨ -3
ਪੱਤਰ	ਲੁੱਟ-ਖੋਹ ਦੀਆਂ ਵੱਧ ਰਹੀਆਂ ਘਟਨਾਵਾਂ ਦੇ ਹੱਲ ਸੰਬੰਧੀ ਐੱਸ. ਐੱਚ.ਓ. ਸਾਹਿਬ ਨੂੰ ਬਿਨੈ-ਪੱਤਰ ਲਿਖੋ।

• Portfolio Activity (Dictation)

ਸਤੰਬਰ :ਦੁਹਰਾਈ

• Half Yearly Exams

ਅਕਤੂਬਰ

ਪਾਠ-ਪੁਸਤਕ	10. ਇੱਕ ਬਿਰਖ ਦੇ ਬੋਲਣ ਦੀ ਕਹਾਣੀ (ਕਾਵਿ-ਕਹਾਣੀ) 11. ਪਾਣੀ ਤੇ ਕੱਢੂਕੁੰਮੇ ਦਾ ਝਗੜਾ 12. ਦੁਰਘਟਨਾਵਾਂ ਤੋਂ ਬਚਾਓ
ਵਿਆਕਰਨ ਪਾਠ	ਸੰਬੰਧਕ, ਯੋਜਕ
ਵਿਆਕਰਨ	ਅਗੇਤਰ (ਨ-ਨਿਰ), ਪਿਛੇਤਰ(ਦਾਨ-ਪੁਣਾ), ਸ਼ੁੱਧ-ਅਸ਼ੁੱਧ (ਨਹਿਲਾ-ਰਾਸ਼ਟਰੀ)
ਅਣਡਿੱਠਾ ਵਾਰਤਕ ਪੈਰਾ	ਅਣਡਿੱਠੀ ਕਾਵਿ-ਟੁਕੜੀ ; ਤਸਵੀਰ ਵਰਣਨ
ਲੇਖ	ਵਿਦਿਆਰਥੀ ਅਤੇ ਅਨੁਸ਼ਾਸਨ
ਪੱਤਰ	ਆਪਣੇ ਮਿੱਤਰ / ਸਹੇਲੀ ਨੂੰ ਜਮਾਤ ਵਿੱਚੋਂ ਪਹਿਲੇ ਨੰਬਰ 'ਤੇ ਆਉਣ 'ਤੇ ਵਧਾਈ-ਪੱਤਰ ਲਿਖੋ।

• Subject Enrichment Activity

	ਨਵੰਬਰ
ਪਾਠ-ਪੁਸਤਕ	13. ਸਾਵਣ (ਕਵਿਤਾ)
	14. ਚਾਰ-ਚਾਰ ਦਾਣੇ ਝੋਨੇ ਦੇ
	15. ਅੰਮੜੀ ਦਾ ਵਿਹੜਾ (ਕਵਿਤਾ)
ਵਿਆਕਰਨ	ਬਹੁ-ਅਰਥਕ ਸ਼ਬਦ(31-45), ਮੁਹਾਵਰੇ(54-72)(ਅਰਥ + ਵਾਕ), ਅਖਾਣ (31-45)
ਲੇਖ	ਅਖਬਾਰਾਂ ਦਾ ਮਹੱਤਵ
ਪੱਤਰ	ਆਪਣੀ ਵੱਡੀ ਭੈਣ ਨੂੰ ਆਪਣੇ ਸਕੂਲ ਵਿੱਚ ਹੋਏ ਭਾਸ਼ਣ-ਮੁਕਾਬਲੇ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣ ਲਈ ਇੱਕ ਪੱਤਰ ਲਿਖੋ।
	• Multiple Assessment Activity
	ਦਸੰਬਰ
ਪਾਠ-ਪੁਸਤਕ	16. ਤਿੰਨ ਸਵਾਲ
ਵਿਆਕਰਨ	ਅਗੇਤਰ (ਪਰ-ਲਾ), ਪਿਛੇਤਰ(ਬਾਜ਼-ੜੀ)
ਪੱਤਰ	ਹਸਪਤਾਲ ਵਿੱਚ ਦਾਖ਼ਲ ਆਪਣੇ ਦੋਸਤ / ਸਹੇਲੀ ਨੂੰ ਹੌਸਲੇ ਭਰਿਆ ਪੱਤਰ ਲਿਖੋ।
	• Periodic Test - II
	ਜਨਵਰੀ
ਪਾਠ-ਪੁਸਤਕ	17. ਦੁਸ਼ਮਣ
ਵਿਆਕਰਨ ਪਾਠ	ਵਿਸਮਕ
ਵਿਆਕਰਨ	ਬਹੁ-ਅਰਥਕ ਸ਼ਬਦ (46-60), ਮੁਹਾਵਰੇ (73-95)
	(ਅਰਥ + ਵਾਕ), ਅਖਾਣ(46-61)
ਲੇਖ	ਗਣਤੰਤਰ-ਦਿਵਸ
	• Portfolio Activity (Dictation)
	• Revision Exams
	ਫਰਵਰੀ / ਮਾਰਚ: ਦੁਹਰਾਈ
	• Yearly Exams

Note :-

- Internal Assessment Activities will be conducted in Term I and Term II separately.
- Dictation will be a part of Internal Assessment.

SCIENCE & TECHNOLOGY

Prescribed Book - NCERT

TERM I

April	Ch-13	Light
	Ch-4	Combustion and Flame (General)
May	Ch-2	Micro-organisms: Friend and Foe (General)
	Ch-3	Coal and Petroleum
		Subject Enrichment Activity - I
		Periodic Test I
July	Ch-12	Some Natural Phenomena
	Ch-1	Crop Production and Management
		Multiple Assessment Activity - I
August	Ch-10	Sound (General)
		Portfolio Activity - I
September		Revision and Half-Yearly Exams

Term II

October	Ch-8	Force and Pressure (General)
	Ch-5	Conservation of Plants and Animals
		Subject Enrichment Activity - II
November	Ch-11	Chemical effects of electric current (General)
	Ch-9	Friction
		Multiple Assessment Activity - II
December	Ch-6	Reproduction in Animals (General)

		Portfolio activity – II
		Periodic test- II
January	Ch-7	Reaching the Age of Adolescence
		Revision Test
February		Revision and Yearly Exam

SOCIAL SCIENCE

Prescribed Books: History: Our Pasts-III (NCERT)

Geography: Resources & Development (NCERT)

Civics: Social & Political Life-III (NCERT)

Term-1

April

History	Ch-1 How, When & Where
History	Ch-2 From Trade to Territory
Civics	Ch-1 The Indian Constitution
Geography	Ch-1 Resources

May

Civics	Ch-2 Understanding Secularism
Civics	Ch- 3 Parliament and the making of laws

May-June

Subject Enrichment Activity

Periodic Test-1

July

History	Ch-3 Ruling the Country side
Geography	Ch-2 Land, Soil, Water, Natural vegetation & Wild life
Geography	Ch-3 Agriculture

Multiple Assessment Activity

	August
History	Ch- 4 Tribals, Dikus and the Vision of the Golden age
Civics	Ch-4 Judiciary
	Portfolio Activity
	September
	Revision & Term-1 Exams
	Term-2
	October
History	Ch-5 When People Rebel
History	Ch-6 Civilising the Native, Educating the Nation
Civics	Ch- 5 Understanding Marginalisation
Geography	Ch-4 Industries
	Subject Enrichment Activity
	November
History:	Ch-7 Women, Caste and Reform
Civics:	Ch-6 Confronting Marginalisation
	Multiple Assessment Activity
	December
History	Ch-8 The Making of the National Movement 1870s-1947
Civics	Ch-7 Public Facilities
	December-January Portfolio Activity
	Periodic Test-II
	January
Civics	Ch- 8 Laws and Social Justice
Geography	Ch-5 Human Resources
	Revision and Revision Exams
	February / March
	Revision and Term-2 Exams

MATHS

PRESCRIBED BOOK: NCERT

APRIL	Ch 1 Rational Numbers Ch 2 Linear Equations in One Variable Ch 3 Understanding Quadrilaterals
MAY	Ch 3 Understanding Quadrilaterals (Continued) Ch 11 Direct and Inverse Proportions Periodic Test I
JULY	Ch 5 Squares and Square Roots Ch 6 Cubes and Cube Roots
AUGUST	Ch 7 Comparing Quantities
SEPTEMBER	Revision & Half Yearly Exams
OCTOBER	Ch 8 Algebraic Expressions and Identities Ch 12 Factorisation
NOVEMBER	Ch 12 Factorisation (Continued) Ch 10 Exponents and powers
DECEMBER	Ch 4 Data Handling Periodic Test II
JANUARY	Ch 9 Mensuration Ch 13 Introduction to Graphs
FEBRUARY	Revision
MARCH	YEARLY EXAMS

MORAL SCIENCE

TEXTBOOK : LIGHT UP YOUR LIFE
by FR. GEORGE CHERUVIL

APRIL	L-1 What makes us happy? L-2 How beautiful are you?
MAY	L-3 Choose cleanliness L-4 Patience wins
JULY	L-5 Tolerance builds, intolerance breaks L-6 A sense of duty
AUGUST	L-7 Our Motherland L-8 Courtesy and politeness
SEPTEMBER	REVISION AND HALF YEARLY EXAMINATION
OCTOBER	L-9 Punctuality brings respect L-10 The joy of simplicity
NOVEMBER	L-11 Faith in God L-12 Honesty is the best policy
DECEMBER	L-13 Choose Decency L-14 Sincerity always shines
JANUARY	L-15 The virtue of Generosity L-16 Kindness and compassion
FEBRUARY	REVISION & YEARLY EXAMINATION

GENERAL KNOWLEDGE

Prescribed Book - New Brainvita

April	:	Page No. 6-15
May	:	Page No. 16-25
July	:	Page No. 26-33
August	:	Page No. 34-39
September	:	Revision and Half Yearly Examination.
October	:	Page No. 40-49
November	:	Page No. 50-59
December & January	:	Page No. 60-69
February & March	:	Revision and Yearly Examination.

COMPUTER SCIENCE

BOOK: Byte Code – An Integrated approach for joyful learning
(Based on Windows 10 & MS Office 2019)

April – May

Theory

Chapter – 1 Networking Concepts

Chapter - 5 More on HTML 5

Practical Practical based on HTML 5

July- September

Theory

Chapter - 6 Links & Frames in HTML 5

Chapter - 3 Emerging Trends

Computer Assignment

Revision and Half Yearly Exam

Practical Lab Activities based on HTML 5

October- December

Theory

Chapter – 4 Iterative Statements in Python

Chapter – 8 Introduction to Robotics

Computer Assignment

Revision

Practical Programs based on Python.

January

Computer Assignment

Revision

Practical Yearly Practical Exam based on Python

February

Revision and Yearly Exam

ART & CRAFT

April:	Illustration (Pg. 69)
May:	Landscape (Pg. 31)
July:	Portrait of Girl (Pg. 65)
August:	Still Life (Pg. 18)
September:	Animal Study (Pg. 38)
October:	Landscape (Pg. 33)
November:	Object Drawing (Pg. 13)
December:	Bird Study (Pg. 52)
January:	Creative Painting (Pg. 67)
February:	Revision
March:	Final Exams

PHYSICAL EDUCATION AND SPORTS

APRIL

- A. Introduction of Physical Education
- B. Introduction of physical education practical notebook
- C. Major game Hockey
- D. Practice of fundamental skills of the game
- E. Dribbling, passing, hit, scoop, push etc.

MAY

- A. Calisthenics exercises, warm up, stretching exercises.
- B. Major Game Basketball
- C. Practice of fundamental skills of the game
- D. Dribbling, shooting, lay-up shots, passing etc.

JUNE

Summer Coaching Camp.

JULY

- A. Preparation of school teams for Punjab School Games/ CBSE Tournaments
- B. Major games- kho-kho and football
- C. Fundamental skills of the game.

AUGUST

- A. Practice of the games for P.S.E.B & CBSE tournaments
- B. Minor Games and recreational activities.

SEPTEMBER

- A. Mid Term gradation
- B. Physical Education Practical Examination
- C. Minor games
- D. Recreational activities.

OCTOBER

- A. Mass P.T. exercises
- B. Practice For Annual Athletic Meet
- C. Major Game Football
- D. Selection of students for Annual Sports day.

NOVEMBER

- A. Annual Athletic Meet
- B. Minor games
- C. Recreational activities

DECEMBER

- A. Major Games- Football and Badminton
- B. Practice of fundamental skills of the game

JANUARY

- A. Major Games- Basketball and Football
- B. Final Practical, Viva, and Gradation

FEBRUARY & MARCH

Final Examination.

ACTIVITY PLANNER

April	Inaugural Prayer Service Allocation of houses House Meeting Poem Writing Competition Painting Competition
May	Labour's Day Celebration Calligraphy English Declamation
July	Quiz (Science) Card Making (On Parent's Day)
August	Group Dance (Patriotic)
October	Rangoli Making Competition Kandil (Lantern) Making
November	Master Chef competition
December	Sports Day Inter-Class Carol Singing Competition Inter-Class Bulletin Board and Class Decoration
January	Kite making competition Cultural Prize Distribution Function